### GENERAL EDUCATION REQUIREMENTS

Please refer to the Student Planning website for a comprehensive, approved list of courses to complete each requirement.

**UNIVERSITY CORE = 22 credits**
- First Year Seminar - FYS1000
- President’s Seminar - EXP1101
- English Writing - ENG1103
- Mathematics - MTH1110 or higher [MTH ______]
- Foreign Language - One course at 1020 level or higher from approved list [________]
- Ethics - One course from approved list [_______]
- Physical Education - One PE course or participate in an inter-collegiate or club sport for one term [_______]

**AREA I ELECTIVES = 16 credits**
- History - Any 1000/2000 level course from approved list [HST ______]
- Religion - One course from approved list [REL______]
- Fine Arts - One course from approved list [_______]
- Literature - One course from approved list [_______]

**AREA II ELECTIVES = 12 credits**
- Lab Science - One course from approved list (4 cr. minimum) [_______]
- Social Sciences - Two courses from two different departments from approved list [______], [______]

**MATURITY REQUIREMENT**
- Two courses at 2000-level and one course at 3000-level in any discipline not used to satisfy requirements in your major [_______], [_______], [_______]

**GLOBAL STUDIES REQUIREMENT**
- One course from approved list [_______]

### B.S. EXERCISE SCIENCE with EXERCISE PHYSIOLOGY CONCENTRATION MAJOR

**[56 credits]**
- BIO2060: Human Physiology
- BIO2070: Human Anatomy
- EXS2100: Analysis and Critique
- EXS2200: Exercise Physiology
- EXS2300: Biomechanics
- EXS3200: Exercise Testing and Prescription
- CHM1010/1011: General Chem. I & Lab
- CHM1020/1021: General Chem. II & Lab
- CHM2520/2021: Organic Chem. II & Lab
- EXS3800: Advanced Exercise Physiology

Choose at least six courses from the following list:
- BCH3220: Biochemistry I
- BCH3320: Biochemistry II
- EXS3100: Research Methods
- EXS3125: Statistics in the Health Sciences
- EXS3750: Strength and Conditioning
- EXS4111: Undergraduate Research Experience
- EXS4200: Exercise and Aging
- EXS4800: Exercise Metabolism
- EXS4825: Cellular Exercise Physiology
- EXS4850: Cardiovascular Exercise Physiology
- EXS4875: Muscle Physiology

### 128 TOTAL HOURS REQUIRED FOR GRADUATION

**Requirements listed above based on the 2015-2016 Undergraduate Bulletin**

7/14/2015