

## ***Exercise Science – Pre-Physical Therapy Track***

### ***Suggested Plan of Study (Exercise Science major)***

#### **Freshman Year – 33 Credits**

<b>Courses</b>	<b>Hrs.</b>	<b>Courses</b>	<b>Hrs.</b>
BIO 2060 – Human Physiology	4	BIO 2070 – Human Anatomy	4
ENG 1103 – Composition	4	EXP 1101 – President’s Seminar	1
EXS 2100 – Analysis & Critique (EXS)	4	FYS 1000 – First Year Seminar	4
GEN – General Education Core	12		

#### **Sophomore Year – 33 Credits**

<b>Courses</b>	<b>Hrs.</b>	<b>Courses</b>	<b>Hrs.</b>
BIO 1399 – General Biology (DPT)	4	CHM 1010/1011 – Chemistry I w/lab	4
CHM 1020/1021 – Chemistry II w/lab	4	EXS 2200 – Exercise Physiology	4
EXS 2300 – Biomechanics	4	General Education Core	13

#### **Junior Year – 32 Credits**

<b>Courses</b>	<b>Hrs.</b>	<b>Courses</b>	<b>Hrs.</b>
BIO Elective (3000 level or higher) (DPT)	4	EXS 3200 – Exercise Testing & Rx	4
GEN – General Education Core	8	PHY 1510/1511 – Physics I w/lab	4
PHY 1520/1521 – Physics II w/lab	4	PSY Elective (DPT)	4
STS 2020 – Statistics (DPT)	4		

#### **Senior Year – 32 Credits**

<b>Courses</b>	<b>Hrs.</b>	<b>Courses</b>	<b>Hrs.</b>
EXS Elective	4	EXS Elective	4
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GEN – General Education Core	12		

- Advisors
  - Dr. Dan Tarara ([dtarara@highpoint.edu](mailto:dtarara@highpoint.edu))
  - Dr. Kimberly Reich ([kreich@highpoint.edu](mailto:kreich@highpoint.edu))
  - Dr. Kyle Sunderland ([ksunderland@highpoint.edu](mailto:ksunderland@highpoint.edu))
  - Dr. Sara Arena ([sarena@highpoint.edu](mailto:sarena@highpoint.edu))
- Shadowing
  - May occur at any point in the student's academic journey
  - Should see advisor for details
- Graduate School Admissions Test Preparation
  - GRE test preparation should begin in summer prior to junior year.
  - Exam should be taken during junior year.
- Notes
  - Each DPT program has its own unique set of prerequisite courses for application. This matrix was designed to assist students in translating the most common DPT prerequisite requirements, BUT does not account for every DPT program. The student should review the prerequisite course work required for their targeted DPT programs to best understand application requirements.
  - Some DPT programs do not accept statistics from the PSY department. Some PSY course offerings are only open to students with a declared PSY major or minor.
  - A second BIO course is REQUIRED of a large number of programs now, but not all. It is STRONGLY recommend that you take a second, upper division, BIO course.