Health/Physical Education (K-12)

Course		Credit		
Professional Education Courses				
EDU 1200	Introduction to Teaching	2		
EDU 2100	The Nature of the Learner	4		
EDU 2200	The 21 st Century Classroom	4		
EDU 3100	Students with Disabilities: Characteristics and Service Delivery Models	4		
EDU 3110	Educational Technology for Teachers	2		
EDU 3280	Literacy in the Content Areas	4		
EDU 4008	Technology Integration for Middle and Secondary Level Classrooms	2		
EDU 4166	Using Data to Assess Student Impact in K-12 Classrooms	2		
EDU 4173	Methods Teaching Health & Physical Education K-12	4		
EDU 4174	Introduction to Student Teaching	2		
EDU 4200	Diverse Learners and Culturally Relevant Pedagogy	4		
EDU 4270	Student Teaching Continuation	8		
EDU 4280	Discipline and Classroom Management Issues for Middle Grade and	2		
	Secondary Teachers			
EDU 4112	Independent Study *Required for students officially submitting their			
	edTPA Portfolios (4 credits)			
	Total Professional Education Courses:	44		
	Health/Physical Education Courses			
BIO 1120	The Human Body & Exercise	4		
HED 1200	Nutrition & Healthy Living	4		
HED 2100	Prevention & Substance Abuse	2		
HED 2200	Human Sexuality & Relationships	4		
HED 3100	Contemporary Health Issues	2		
PEC 1331	Social Dance	1		
PEC 2100	Motor Development & Learning	2		
PEC 2101	Team Sports: Skill Development & Analysis	4		
PEC 2201	Individual Sports: Skill Development & Analysis	4		
PEC 3100	Trends & Issues of Teaching Elementary Physical Education	4		
PEC 3101	The Application of Physical Education in the Elementary Setting	2		
PEC 3200	Trends & Issues Adolescent P.E.	4		
PEC 4210	Coaching & Field Experience I	2		
	Total Health/Physical Education Courses:	39		
NOTE: One	C- in a supporting course is permitted. Any subsequent course with a grad	e of C- or		
lower must	be repeated. A D+ or lower will not be accepted in a supporting course.			

*By completion of the Health/PE program, candidates must show proof of a first aid/CPR certification. This documentation is a program and licensure requirement.

Health/PE License Suggested Plan of Study

Freshman - Fall	Credit	Freshman - Spring	Credit
ENG COMM SKILLS	4	EDU 1200: Introduction to Teaching	2
MFL REQ	4	MTH REQ	4
REL REQ	4	BIO 1120: Human Body & Exercise	4
HST REQ	4	HED 1200: Nutrition & Healthy Living	4
President's Seminar	1	First Year Seminar	4
	17		18
Sophomore - Fall		Sophomore - Spring	
EDU 2100: Nature of the Learner or EDU 2200:	4	EDU 2200: The 21 st Century Classroom or EDU	4
The 21 st Century Classroom		2100: Nature of the Learner	
Performing/Visual Arts	4	Ethics (REL or PHL)	4
HED 2100: Prevention & Substance Abuse or	2	HED 2200: Human Sexuality & Relationships	4
PEC 2100: Motor Development & Learning			
PEC 2101: Team Sports: Skill Development/	4	PEC 2201: Individual Sports: Skill	4
/Analysis		Development/ /Analysis	
Elective	4	PEC 1331 – Social Dance – PEC Activity	1
	18	,	17
Junior - Fall		Junior - Spring	
PEC 3100: Trends/Issues of Teaching	4	EDU 3280: Literacy in the Content Areas	4
Elementary Physical Education			
PEC 3101:The Application of Physical Education	2	EDU 3110: Educational Technology for	2
in the Elementary Setting		Teachers	
HED 2100: Prevention & Substance Abuse or	2	PEC 3200: Trends/Issues Teaching Adolescent	4
PEC 2100: Motor Development & Learning		Physical Education	
HED 3100: Contemporary Health Issues	2	ENG LIT REQ (GBS)	4
EDU 3100: Students with Disabilities:	4	Elective (if necessary)	4
Characteristics and Service Delivery Models			
Elective (if necessary)	4		
	18		18
			•
Senior - Fall		Senior - Spring	
EDU 4173: Methods of Teaching	4	EDU 4270: Student Teaching Continuation	8
Health/Physical Education			
EDU 4174: Introduction to Student Teaching	2	EDU 4280: Discipline and Classroom	2
		Management Issues for Middle Grade and	
		Secondary Teachers	
EDU 4008: Technology Integration for Middle	2	EDU 4166: Using Data to Assess Student	2
& Secondary Level Classrooms		Impact in K-12 Classrooms	
EDU 4200: Diverse Learners and Culturally	4	PEC 4210: Coaching and Field Experience I	2
Relevant Pedagogy	<u> </u>		
PSY COURSE (Area II)	4	EDU 4112: Independent Study	4
		(completion of edTPA modules)	
		*Required for students officially submitting	
		their edTPA Portfolios (4 credits)	
	16		14-18