Global Experience Programs See the World

HPU students traveled from South Africa to Germany and from Italy to the United Kingdom this May through the Global Experience program. We had 161 students in a total of nine countries! Eighteen High Point faculty members traveled with the students, passing along their expertise about the places that they were visiting.

The Grand Tour: Drawing on the Masters

Students sketched their way through Italy, visiting Rome, Florence, Siena, Venice, and Milan! The tour took them on several day trips, including one to the ruins of Pompeii (top left: Barrett South, Taylor Reese, Maura Maloney, and Leah Bueneman). This program returns in 2014!

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Save the Date!

**Study Abroad Fair**
**August 30, 2013**
**Slane Center Track**
Explore our May 2014 & semester programs & enter for a chance to win 1 of 2 free application fees!

**Application Deadline**
**October 1, 2013**

for Spring 2014 semester programs

**GE Early Deadline**
**October 11, 2013**

Early applicants enter into a drawing to have the $500 application fee applied to the program cost!

**Application Deadline**
**November 1**
for May 2014 Global Experience programs
Cross-Cultural Psychology

After spending spring semester studying the psychology of the people of Italy, Germany and France, they had the opportunity to experience the culture first hand! Students had Italian cooking classes (pictured left) an olive oil tasting in Tuscany, and visited the Dachau Concentration camp, to name a few. *New Destinations in 2014: Netherlands, Luxembourg, Switzerland & Italy*

In Search of Duende: Flamenco

Students danced their way through the historical and cultural highlights of Spain, visiting Madrid and Seville, among others. Students took Flamenco classes from expert dancers, and visited cultural sights like Torre de Oro in Seville (pictured top right) and The Plaza de Oriente in Madrid! *This program returns in 2014!*

Animal Behavior in Southern Africa

Students on Safari! Trekking through South Africa and Swaziland, students followed in the footsteps of people like Jane Goodall, studying the animals, landscape and culture of the region. Students visited The Malalotia Nature Reserve, the Jane Goodall Institute and spent over a week in the Balule Private Game Reserve at a Safari Lodge (pictured left), where they had lectures in the bush. *This program returns in 2014!*

Cutting Edge Exercise Physiology

Physiology students attended the 2013 American College of Sports Medicine Annual Meeting in Indianapolis, Indiana and had the opportunity to learn from experts in the field. After the conference they explored Chicago and went kayaking on Lake Michigan! (Pictured right: all of the students and their professors in Indianapolis. *New Destination in 2014: Orlando, Florida*

Also Coming Up in 2014!

**Biodiversity in Ecuador & the Galapagos**

**Chile in a Time of Transformation:** New Program!

**Chinese Culture & Language**

**Japanese Pop Culture:** New Program!

**Global Business in Argentina & Chile:** New Program!

**Health Communications in the UK (Graduate Course):** New Program!

**Planet Girth Health & Fitness in New Zealand:** New Destination!

**Power and Politics in D.C.**

**Rock Me Amadeus: Mozart in Austria and Czech Republic** New Program!

**Shakespeare in Performance: United Kingdom**

Other 2013 Programs:

**Contemporary Ireland**

**American Celebration of Music in Italy:** New Destinations in 2014: Austria, Czech Republic and Hungary!

**European Design:** New Destination in 2014: Italy!

**Religion & Revolution in Italy**

**Sociological Issues in Appalachia and its Nonprofits**
All is well. If nothing else, the entire experience of living abroad has shed light on the human ability to touch every single emotion in the spectrum in no time at all.

Here are a few tips on keeping life calm in the midst of the traveling storm:

1. Ask for directions.
   Don’t be the stubborn person trying to figure out where you need to be on a map that you can’t read. You’re waiting precious travel time. Ask a local for help. They know the area and sometimes shortcuts to get you there more efficiently. Continue to ask if you are on the right track for the remainder of your trip. An added bonus is realizing the beauty of strangers helping strangers.

2. Some things are worth the splurge.
   I am all about going to a grocery instead of a restaurant or re-wearing the same outfit two days in a row if need be. But it’s important to realize that some things are worth spending more on in order to save in the long run. For example: do not book a cheap flight that departs seven hours away from where you are currently staying. It is just not worth it.

3. Don’t sweat the small stuff.
   Literally. People will sit next to you on the plane that smells as if they just crossed the finish line of a marathon and forgot to put deodorant on. It will feel as if everyone is purposely trying to walk slowly when you need to get somewhere on time. I promise you they aren’t. So, when you get the urge to punch someone in the back of the head – take a step back, or around them.

4. Carry a water bottle & a snack.
   The only thing worse than being lost is being lost, hungry & thirsty. This will make you a much less grumpy person!

5. Remind yourself that you are brave.
   You are traveling to a place that gets your blood pumping, to the great unknown; that takes courage. We all have moments when we need to stop for a moment, talk ourselves out of breaking down and move on. Mine was in the rain, in the dark, outside of a Milan train station listening to Akon with a total stranger. It happens. But, always remember the strength that got you there in the first place. It will carry you through.

Interested in meeting with other students who have been abroad?
Do you want to be more involved in more international events at HPU?
Ask us about our International Ambassador Program!
When I was in the fourth grade, I began reading historical fiction novels about Elizabethan England and since then, I’ve been mesmerized by the country’s scandalous and rich history. It became a dream of mine at the age of nine to spend time in England and learn all the history I could. I came across an amazing opportunity to intern at an elementary school in London, England. It was perfect. I’m working in London at a primary school while learning about a new culture and comparing the educational styles of the UK and the US.

Upon arrival I found out that I would be teaching in a 3rd grade classroom at The International Community School (ICS). I have helped with math, English, and many other subjects. It was amazing to watch them begin to relate such simple fractions to multiplication and division and knowing that I helped them do that!

ICS is very unique in that right after the mainstream school ends for the year, summer school begins, which is mainly used for teaching English to non-native speakers. The kids that come to our summer school are from all over the world. I was placed in the 7-8 Advanced class. I worked with another teacher and we had six students. They were wonderful kids, we had two from Brazil, two from Kuwait, one from Saudi Arabia and one from Thailand. This summer has afforded me so many enriching experiences, and I’m so happy I get to take advantage of them!

**Want a Longer Internship?**

University of Newcastle, Australia: The International Leadership Experience and Development Program, is currently not for academic credit, but provides you with an opportunity to get involved in the local community.

St. Mary’s University College, England: You are able to register for one of the work placement internships that matches your skills and interests in addition to taking courses at St. Mary’s. Each semester, these work placement internships have a different focus.

American University of Rome, Italy: Students on a year-long program have the opportunity to participate in an internship in an area that fits their skills and interest. You could gain an additional 3 academic credits.

SACI, Italy: Three credit hour apprenticeships are available in Design (architecture, graphic design, lighting, etc.), Museology, and Artisan (weaving, ceramics, etc.). Placement is based on skills and interest level of the students.

Spanish-American Institute, Spain: Students have the option to participate in an internship at a local Spanish company! Your skills and interests will be matched with a need in a Spanish organization, and you will spend a minimum of 4 hours a week at the company. Contact OSA to arrange academic credit for this internship.

Stellenbosch University, South Africa: The object of the Learning for Sustainable Community Engagement Program (LSCE) is to provide students with the opportunity to develop an understanding of the history, background and current issues impacting South Africa. You will provide service to a local community while earning academic credits.

Lorenzo de Medici, Italy: Internships offer the possibility to learn different aspects of working in Italy, requiring 10-12 hours per week in the company for 3 credits. Placement areas include Communications and Public Relations, Marketing & International Business, Fashion Design, Merchandizing & Marketing, as well as Graphic Design.