

## SPRING 2026 - Life Skills and Leadership Sessions

# EARN YOUR PROFESSIONAL MOTIVATION CREDENTIAL



Invent the Motivation:  
How Curiosity and Joy Drive Innovation

MON  
1/26

10:40 - 11:50 am  
Hayworth Fine Arts Center, Pauline Theater

**STEVE WOZNIAK**  
CO-FOUNDER OF APPLE



The Fred Factor:  
When Passion Meets Purpose

TUES  
2/10

11:40 am - 12:30 pm  
Congdon Hall, Callicutt Life Skills Theater

**MARK SANBORN**  
LEADERSHIP EXPERT IN RESIDENCE



The Engagement Effect: How to Stay Curious, Creative, and Motivated for Life

TUES  
2/10

1:35 - 3:15 pm  
Congdon Hall, Callicutt Life Skills Theater

**STEVE SPANGLER**  
STEM EDUCATOR



Exactly Right:  
Motivating Yourself to Influence Others

THURS  
3/5

9:45 - 11:25 am  
Congdon Hall, Callicutt Life Skills Theater

**PHIL JONES**  
PERSUASION EXPERT IN RESIDENCE



Lead Yourself First: Motivation for Personal Success

MON  
3/9

2:00 - 3:10 pm  
Congdon Hall, Callicutt Life Skills Theater

**MERIDITH ELLIOTT POWELL**  
BUSINESS GROWTH & DEVELOPMENT EXPERT IN RESIDENCE



Motivation that Moves Teams Forward

WED  
3/18

**CHARLIE FREEMAN**  
PRESIDENT ORLANDO MAGIC



Start Before You're Ready:  
Entrepreneurial Motivation in Action

WED  
4/8

9:15 - 10:25 am  
Congdon Hall, Callicutt Life Skills Theater

**MARC RANDOLPH**  
CO-FOUNDER OF NETFLIX



Driven to Lead:  
Motivation in Motion from the Manufacturing Floor to the C-Suite

WED  
4/8

10:40 - 11:50 am  
Congdon Hall, Callicutt Life Skills Theater

**SEAN SUGGS**  
FORMER PRESIDENT TOYOTA BATTERY MANUFACTURING



Momentum from Within: The Science and Strategy of Staying Motivated

THURS  
4/9

9:45 - 11:25 am  
Congdon Hall, Callicutt Life Skills Theater

**DR. ELLEN ZANE**  
FORMER CEO TUFTS MEDICAL CENTER

Attend 4 Life Skills and Leadership sessions  
to earn your Motivation Certification

**HIGH POINT UNIVERSITY**  
THE PREMIER LIFE SKILLS UNIVERSITY