

SPRING 2026 - Life Skills and Leadership Sessions

EARN YOUR PROFESSIONAL  
MOTIVATION CREDENTIAL



Invent the  
Motivation:  
How Curiosity  
and Joy Drive  
Innovation

10:40 – 11:50 am  
Hayworth Fine Arts Center, Pauline Theater

MON  
1/26

STEVE WOZNIAK  
CO-FOUNDER OF APPLE



The Fred Factor:  
When Passion  
Meets Purpose

11:40 am – 12:30 pm  
Congdon Hall, Callicutt Life Skills Theater

TUES  
2/10

MARK SANBORN  
LEADERSHIP EXPERT IN RESIDENCE



The Engagement  
Effect: How to  
Stay Curious,  
Creative, and  
Motivated  
for Life

1:35 – 3:15 pm  
Congdon Hall, Callicutt Life Skills Theater

TUES  
2/10

STEVE SPANGLER  
STEM EDUCATOR



Exactly Right:  
Motivating  
Yourself to  
Influence  
Others

9:45 – 11:25 am  
Congdon Hall, Callicutt Life Skills Theater

THURS  
3/5

PHIL JONES  
PERSUASION EXPERT IN RESIDENCE



Lead Yourself  
First: Motivation  
for Personal  
Success

2:00 – 3:10 pm  
Congdon Hall, Callicutt Life Skills Theater

MON  
3/9

MERIDITH ELLIOTT POWELL  
BUSINESS GROWTH & DEVELOPMENT EXPERT IN RESIDENCE



Motivation that  
Moves Teams  
Forward

3:25 – 4:35 pm  
Congdon Hall, Callicutt Life Skills Theater

WED  
3/18

CHARLIE FREEMAN  
PRESIDENT ORLANDO MAGIC



Start Before  
You're Ready:  
Entrepreneurial  
Motivation in  
Action

9:15 – 10:25 am  
Congdon Hall, Callicutt Life Skills Theater

WED  
4/8

MARC RANDOLPH  
CO-FOUNDER OF NETFLIX



Driven to Lead:  
Motivation in  
Motion from the  
Manufacturing Floor  
to the C-Suite

10:40 – 11:50 am  
Congdon Hall, Callicutt Life Skills Theater

WED  
4/8

SEAN SUGGS  
FORMER PRESIDENT TOYOTA BATTERY MANUFACTURING



Momentum from  
Within: The Science  
and Strategy of  
Staying Motivated

9:45 – 11:25 am  
Congdon Hall, Callicutt Life Skills Theater

THURS  
4/9

DR. ELLEN ZANE  
FORMER CEO TUFTS MEDICAL CENTER

Attend 4 Life Skills and Leadership sessions  
to earn your Motivation Certification

HIGH POINT UNIVERSITY  
THE PREMIER LIFE SKILLS UNIVERSITY