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| A - New Course Proposal V. 7.2022 : Entry # 2117                                                                                                                                                                                                                                                                                                                                                                                       |  |
| DEAN Decision                                                                                                                                                                                                                                                                                                                                                                                                                          |  |
| Approved                                                                                                                                                                                                                                                                                                                                                                                                                               |  |
| Date                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |
| 08/25/2022                                                                                                                                                                                                                                                                                                                                                                                                                             |  |
| Is this course intracollegiate or intercollegiate?                                                                                                                                                                                                                                                                                                                                                                                     |  |
| Intracollegiate                                                                                                                                                                                                                                                                                                                                                                                                                        |  |
| SCHOOL EPC Decision                                                                                                                                                                                                                                                                                                                                                                                                                    |  |
| Approved                                                                                                                                                                                                                                                                                                                                                                                                                               |  |
| Date                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |
| 09/09/2022                                                                                                                                                                                                                                                                                                                                                                                                                             |  |
| SCHOOL EPC Comments                                                                                                                                                                                                                                                                                                                                                                                                                    |  |
| Committee approved course proposal by unanimous vote.                                                                                                                                                                                                                                                                                                                                                                                  |  |
| Begin Form                                                                                                                                                                                                                                                                                                                                                                                                                             |  |
| Today's Date                                                                                                                                                                                                                                                                                                                                                                                                                           |  |
| 08/23/2022                                                                                                                                                                                                                                                                                                                                                                                                                             |  |
| Your Name:                                                                                                                                                                                                                                                                                                                                                                                                                             |  |
| Braden Romer                                                                                                                                                                                                                                                                                                                                                                                                                           |  |
| Your Email:                                                                                                                                                                                                                                                                                                                                                                                                                            |  |
| <a href="mailto:bromer@highpoint.edu">bromer@highpoint.edu</a>                                                                                                                                                                                                                                                                                                                                                                         |  |
| Are you a Department Chair?                                                                                                                                                                                                                                                                                                                                                                                                            |  |
| No                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |
| Department Chair Name                                                                                                                                                                                                                                                                                                                                                                                                                  |  |
| Dan Tarara                                                                                                                                                                                                                                                                                                                                                                                                                             |  |
| Email address of your Department Chair                                                                                                                                                                                                                                                                                                                                                                                                 |  |
| <a href="mailto:dtarara@highpoint.edu">dtarara@highpoint.edu</a>                                                                                                                                                                                                                                                                                                                                                                       |  |
| By checking below I am certifying that my department chair has seen and approved the new course that is in this proposal                                                                                                                                                                                                                                                                                                               |  |
| Yes                                                                                                                                                                                                                                                                                                                                                                                                                                    |  |
| Please select the appropriate school overseeing this proposal:                                                                                                                                                                                                                                                                                                                                                                         |  |
| Health Sciences                                                                                                                                                                                                                                                                                                                                                                                                                        |  |
| Which semester is this course to be taught for the first time?                                                                                                                                                                                                                                                                                                                                                                         |  |
| Spring 2024                                                                                                                                                                                                                                                                                                                                                                                                                            |  |
| Information for the Registrar                                                                                                                                                                                                                                                                                                                                                                                                          |  |
| Choose the department designator for your proposed course from the list below.                                                                                                                                                                                                                                                                                                                                                         |  |
| EXS                                                                                                                                                                                                                                                                                                                                                                                                                                    |  |
| Proposed Course Number                                                                                                                                                                                                                                                                                                                                                                                                                 |  |
| 1032                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |
| Is this course cross listed?                                                                                                                                                                                                                                                                                                                                                                                                           |  |
| No                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |
| Does this course replace a current course?                                                                                                                                                                                                                                                                                                                                                                                             |  |
| No                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |
| Enter the title of your proposed course                                                                                                                                                                                                                                                                                                                                                                                                |  |
| Exercise Science Fellows Junior Seminar II                                                                                                                                                                                                                                                                                                                                                                                             |  |
| Enter the catalog description of your proposed course                                                                                                                                                                                                                                                                                                                                                                                  |  |
| This course will continue to expand on leadership and professional development of an Exercise Science Fellow that began with EXS 1031. Furthermore, Fellows will begin the process of planning the Senior Exercise Science Fellows project, a community service-based project related to exercise, wellness, and health behavior. One credit hour. Co-requisite(s): Exercise Science Fellows Only. Offered Fall Only. Pass/ Fail Only. |  |
| Choose your proposed course's number of credits from the list below                                                                                                                                                                                                                                                                                                                                                                    |  |
| 1                                                                                                                                                                                                                                                                                                                                                                                                                                      |  |
| How will the course be graded?                                                                                                                                                                                                                                                                                                                                                                                                         |  |
| Pass/Fail                                                                                                                                                                                                                                                                                                                                                                                                                              |  |
| Please select the course repeat option for your proposed course:                                                                                                                                                                                                                                                                                                                                                                       |  |
| Not repeatable for credit                                                                                                                                                                                                                                                                                                                                                                                                              |  |
| Offering cycle for your proposed course:                                                                                                                                                                                                                                                                                                                                                                                               |  |
| Spring semester                                                                                                                                                                                                                                                                                                                                                                                                                        |  |
| Does your course have any prerequisites?                                                                                                                                                                                                                                                                                                                                                                                               |  |
| No                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |
| Gen Ed and Academic Programs                                                                                                                                                                                                                                                                                                                                                                                                           |  |
| Is this course part of Gen Ed?                                                                                                                                                                                                                                                                                                                                                                                                         |  |
| <ul style="list-style-type: none"><li>No</li></ul>                                                                                                                                                                                                                                                                                                                                                                                     |  |

**A - New Course Proposal V. 7.2022 : Entry # 2117**

**Does this course count towards a major or a minor?**

No, it does not count toward any particular major or minor

**Will this course fulfill any of the below University academic program requirements?**

- This course does not fulfill academic program requirements

**Information for Curriculum Review**

**Rationale for new course & consistency with departmental mission**

This course is part of the curriculum for the Exercise Science Fellows program. As part of their fellows experience, students are to take a series of four seminar classes and the final course in the series.

**Please list all student learning outcomes for this course**

1. Refine written and oral professional communication skills.
2. Develop an understanding of Exercise Science based project management.
3. Demonstrate an ability to execute forward thinking analyses of a dynamic project.
4. Develop an understanding of the role of Exercise Science as a component of Community Wellness.
5. Identify and develop a working plan for the Senior Exercise Science Fellows Project.

**Please list any units or content areas that will be required for all sections of this course**

N/A

**Please list any assignments, tests, or other assessments that will be required for all sections of this course**

Assignments:

Eight (8) to ten (10) out of class assignments will be assigned throughout the semester to provide reflective and explorative learning opportunities related to the lecture material. Unless otherwise stated, an assignment report will be written and submitted by each student (i.e. no group work). Instructions for individual assignments will be provided the day before or of a scheduled assignment. You may discuss and work on portions of these assignments in groups, but each student must complete and turn in his/her own individual assignment (this includes graphs, figures, and sources). Copying of another student's assignment is considered a violation of the University Honor Code and will be reported. If an assignment is due online to the Blackboard site, and the site is not working, it is still the STUDENT'S responsibility to submit the assignment BY THE DUE DATE AND TIME via email to the instructor.

If a student misses a session with an unexcused absence, he/she will receive a zero for any graded material associated with that assignment. Due to limited time, students who miss these for an unexcused absence will not be allowed to make up the lab to receive credit for it. Students who miss the session due to an excused absence may be given an alternative assignment or make-up session if time permits. Students who miss a session for an excused absence will still be responsible for all information covered in the lecture and should consult at least three reputable peers to obtain this information.

Class Discussions:

A large portion of this class will be centered on group interaction and learning. As such, students will be expected to engage with the instructor and other students in the course through questions, group work, etc. Students will be graded on their participation for each class. The rubric is below:

3 Points (Full Credit): The student was fully engaged with the class. Responded to instructor questions, group discussions, and interacted with classmates without hesitation.

2 points: The student was moderately engaged with the class. Responded to some instructor questions or classmate inquiries.

1 point: The student was minimally engaged with the class with negligible engagement with the instructor or classmates.

0 points (No Credit): The student was not present or did not take part in class activities.

**Please list any readings or other materials that will be required for all sections of this course**

N/A

**Please list any course policies that will be required for all sections of this course**

TEACHING METHODS FOR ACHIEVING COURSE OBJECTIVES/LEARNING OUTCOMES:

Due to the material and elements involved in this subject matter, the course will primarily utilize a combination of lecture, discussion, and small groups as the methods of teaching; however, lecture will be presented in the FLIPPED CLASSROOM, which requires a high degree of classroom participation and pre-class preparation by students. Students are REQUIRED to enter into class and group discussions regarding different aspects of the class material. When appropriate, audiovisual aids and/or handouts will be used to supplement the lectures.

CLASSROOM POLICIES

ATTENDANCE POLICY: CLASS STARTS ON TIME; ATTENDANCE WILL BE TAKEN. Attendance to all class related activities is expected. As this class only meets once per week, you will receive a Class Attendance Warning after one (1) and may be dropped from the class when a third (3rd) unexcused absence is taken. Athletes are not exempt from this policy; however, classes missed due to required activities will be noted. If extenuating circumstances arise, please notify me ASAP via telephone or e-mail. All excused absences that keeps you away from class for extended periods of time such as personal illness, death(s) in the family, etc. should be reported to the Academic Development Office.

eCommunication Policy: The best way to contact me is email (@highpoint.edu) using your HPU email account. Personal email accounts outside of the HPU system tend to get caught in junk mail filters. I will respond to emails as they are received. Emails sent over the weekend and after 5pm Monday – Friday may not receive a response until the following business day. Within the subject title should be the title of the course (EXS 1031 - 01). All emails should be properly addressed to the recipient. Also, be sure to include your name at some point in the email. All attachments should follow a "name – course – assignment title" format. Example: John Doe – EXS 1000 – Assignment 1.

Late Work Policy: With the exception excused absences, NO LATE WORK WILL BE ACCEPTED! Students submitting late work without an excused absence will therefore receive an automatic zero (0). Assignment due dates will be clearly communicated to all students when assigned by the professor. Unless otherwise noted, assignments will be typically collected at the beginning of class on the due date. If a student is going to be absent on the date an assignment is due, the student should make appropriate arrangements to make sure the professor receives the assignment by the assigned due date/ time and this information is clearly communicated to the professor. If an assignment is due online to the Blackboard site, and the site is not working, it is still the STUDENT'S responsibility to submit the assignment BY THE DUE DATE AND TIME via email to the instructor. \*\*\* If a student is late to an exam, students will be allowed to begin the exam until the first student leaves; however, once the first student has completed and turned in the exam, students arriving late to the exam will not be allowed to start an exam. Furthermore, students arriving late to an exam will not be provided any additional time to complete the exam. If a student misses an exam, that student will receive an automatic zero, unless an excused absence is noted. Examples of excused absences are illness, death(s) of a family member, required court appearance, or graduate school interviews. All excused absences must be supported by the appropriate documentation. Examples of unexcused absences include oversleeping, conflicts with work schedules, leaving campus early for break, returning to campus late from a break, overloaded with responsibilities from other classes, etc. Students with excused absences have seven (7) days from the date of the missed assignment(s)/ exam, or seven (7) days from the end of the excused extended absence, if appropriate, to make the necessary plans with the professor to complete the missed assignments and/ or exams in a mutually agreed upon reasonable timeframe. Students failing to make appropriate plans before the end of the seven (7) day period will receive an automatic zero (0) for any missed assignment(s) and/ or exams during that period. Regardless of the circumstances, students are only allowed to make-up one exam per class per semester. If a student misses two exams, they will be withdrawn from the course.

Final Exam Policy: Graduating seniors are required to take the final exam early due to grades being due earlier for them. It is the responsibility of the graduating seniors to make the necessary arrangements with the professor. For all other students, final exam time slots have been set by the University and are not able to be altered. Please plan accordingly for your end of semester plans, including but not limited to, informing parents or necessary parties of your responsibilities to remain on campus through the necessary dates. For any other accommodations, including students with three (3) or more final exams in a single day, the appropriate University guidelines will be followed.

Required formatting for ALL papers: Any writing assignments (lab assignments, etc.), with the exception of in-class assignments, must be typed, should be free of spelling and grammatical errors, and must be the 3 "C's": Clear, Concise, and Complete. These standards will be weighed heavily on assignments, and scores on assignments will be reduced at the discretion of the instructor if these standards are not met.

APA formatting will be required for all papers, articles, or reviews turned in for assignment grades. American Psychological Association. (2009). Publication Manual of the American Psychological Association, 6th edition. American Psychological Association, Washington, D.C. ISBN: 9781433805615.

Additional Policies: Students are expected to participate in classroom discussion on lecture topics, readings, labs, and homework assignments. The use of additional technology (e.g. tablets, laptops) is encouraged; however, text messaging, social media, or simple web surfing should not be occurring during class time. Cell phones must be turned off or put on silent during class. Use of a cell phone or other messaging device during an exam will result in an automatic zero!!! Cell phones are NOT allowed to be used as a calculator during an exam.

**If you would like to specify anything about how requirements for contact hours must be met for all sections of this course, please indicate below (e.g., if any experiential learning activities will replace seat time)**

N/A

**Is there anything else the reviewing parties should know about this new course proposal that hasn't already been asked/addressed?**

N/A

**Sample Syllabus**

- [EXS-1032-Spring-2024-Proposal-Draft.docx](#)