

C - Small Curricular Revisions : Entry # 3292**Today's Date**

02/11/2024

Your Name

Kimberly Reich

Your Email:kreich@highpoint.edu**Department Chair Name**

Kevin Ford

Email address of your department chairkreich@highpoint.edu

By checking below I am certifying that my department chair (named above) has seen and approved the courses that are included in this proposal.

Yes

Please select the appropriate school overseeing this proposal:

Health Sciences

Does this proposal correspond to a particular term?

Fall 2024

Which category does this change fall under?

- Distribution requirements - major

Name of Major or Minor that you are revising distribution requirements for:

B.A. Health and Wellness

Distribution Requirement Changes**What is being changed?**

Move WEL 4425 (Culture of Healthcare)

Add proposed course HHP 1000 (Foundations of Lifestyle Medicine to the major core

Rationale for change (brief)

Review of WEL 4425 course description and learning outcomes reflects a specialized content focus. The nature of the course aligns best as a course in the elective choice pool versus a compulsory element of the BA's core course.

Will introduce concepts central to evidence-based practice. The course would map to the BA's Student Learning Outcome- Demonstrate competence in applying principles of evidence-based practice. Second, the course would provide a thematic overview of the central tents of Lifestyle Medicine and provide a fuller context to the present and future direction of the field.

C - Small Curricular Revisions : Entry # 3292**Rationale for above changes**

The BA in Health and Wellness was originally designed as an interdisciplinary major emphasizing the foundations of lifestyle medicine across the lifespan. The mapping of the curriculum in the original proposal was a responsible organization of existing resources (e.g., faculty, existing courses) with the intent of evolving the structure of the major overtime.

WEL 4425 and HHP 1000 are both 4 credit courses. The total number of credits for the BA in Health and Wellness will not change.

Note: In a changed already approved, all courses in the department will include the new Health and Human Performance HHP in Fall 2024. WEL 4425 will be named HHP 4425.

Does this change affect any other departments, schools, or programs besides your own? If so, please describe your consultation process with affected parties.

No.

Dean Review**[DEAN] I approve/deny this proposal**

Approve

Today's Date

13-02-2024

Name of Dean (if this is being reviewed by multiple deans, please indicate who approved it first here)

Kevin Ford