

B - Course Revision Form V. 7.2022 : Entry # 3493**DEAN Decision**

Approved

EPC Decision

Approved

Today's Date

09/25/2025

Begin Form**Today's Date**

06/04/2025

Your Name

Dan Tarara

Your Email:dtarara@highpoint.edu**Are you a Department Chair?**

No

Department Chair Name

David Bazett-Jones

Email address of your Department Chairdbazettj@highpoint.edu**By checking below, I certify that my department chair has seen and approved the course revisions that are in this proposal**

Yes

Please select the appropriate school overseeing this proposal:

Health Sciences

When should this proposal take effect?

Fall 2026

Are you submitting multiple courses for revision from the same department?

No, just one

Please list all of the courses that you are submitting revisions for:

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Course Prefix	Course Number	Course Title
HHP	4475	Culture of Fitness

What would you like to revise?

- Learning Outcomes

Gen Ed & Academic Program Information**Is this a revision to meet new Gen Ed requirements?**

No

Is this course part of an academic program?

- This course does not currently fulfill academic program requirements

Does this course, as revised, include any community engagement?

No

Is this course part of GoGlobal?

No

Does this course count towards a major or a minor?

Yes

Please list the course(s) and whether they are required or electives for the major/minor.

Course Prefix/Number	Name of Major and/or Minor?	Required or Elective?
HHP 4475	Health and Wellness	Elective
HHP 4475	Exercise Science	Elective

Is this course cross listed?

No

Choose the department designator for your course from the list below.

Curriculum Review Information**Please list the revised student learning outcomes for this course in the box below.**

New Student learning outcomes

- [1] Develop an understanding of the historical factors that influence the ontology of fitness.
- [2] Demonstrate an understanding of how sociocultural constructions influence fitness culture.
- [3] Demonstrate an understanding of how fitness culture is influenced by commercialization.

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- [4] Analyze the relationship between fitness culture and gendered bodies.
- [5] Analyze sport and fitness as a means of explaining various geopolitical phenomena.
- [6] Evaluate the relationship between fitness culture and corporal knowledge.

If you have Gen Ed learning outcomes, please address the kinds of assessments you may use for each area that you are proposing the course be designated (i.e., Arts, Humanities, Diversity, etc.)

n/a

Please list any revisions to course policies that will be required for all sections of this course.

n/a

If you would like to specify any revisions to requirements for how contact hours must be met for all sections of this course, please indicate below (e.g., if any experiential learning activities will replace seat time)

No

If this course proposal affects any other departments, please describe the consultation and approval that you've received and from whom in the box below.

No

Is there any additional information that you would like to provide for this proposal?

No

Sample Syllabus

- [HHP_4475-Revised-Syllabus-for-APIRC-Submission.pdf](#)