

A - New Course Proposal V. 7.2022 : Entry # 3626**DEAN Decision**

Approved

Date

01/26/2026

Is this course intracollegiate or intercollegiate?

Intracollegiate

ACADEMIC PROGRAM Decision

Approved

Date

01/15/2026

Type the name of your committee

Study Abroad Committee

SCHOOL EPC Decision

Approved

Date

02/23/2026

GEC Decision

Approved

Date

04/10/2026

APIRC Decision

Approved

Date

04/17/2026

Begin Form**Today's Date**

01/26/2026

Your Name:

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Jason Keeler

Your Email:jkeeler@highpoint.edu**Are you a Department Chair?**

No

Department Chair Name

David Bazett-Jones

Email address of your Department Chairdbazettj@highpoint.edu**By checking below, I certify that my department chair has seen and approved the new course that I am proposing.**

Yes

Please select the appropriate school overseeing this proposal:

Health Sciences

When should this proposal take effect?

Other

Information for the Registrar**Choose the department designator from the list below.**

HHP

Proposed Course Number?

3502

Is this course cross listed?

No

Does this course replace a current course?

No

What is the title of the new course?

From Gladiators to Giro: Sport science and the human body in Italy

Write the catalog description of your proposed course:

Step into the arena of human performance—past and present—in this immersive ~25 day study abroad experience through Rome and Northern Italy. Explore the evolution of physiology and anatomy from Renaissance art and original human cadaver dissections to cutting-edge sport science labs. Walk the same streets as Leonardo da Vinci, study in the anatomical theaters of Padua and

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Bologna, and witness the raw endurance of elite athletes during the Giro d'Italia. Through site visits, expert lectures, and hands-on activities, students will trace the arc of human performance from ancient gladiators to modern cyclists. Discussing how science, sport, and medicine have changed through the centuries. Whether you're passionate about sports, medicine, health, or the history of science, this course offers a once-in-a-lifetime chance to learn where it all began—and where it's going next.

How many credit hours will this course be?

4

How will the course be graded?

Letter grade

Please select the course repeat option for this course:

Not repeatable for credit

What is the offering cycle for this course?

Every third year

Does your course have any prerequisites?

Yes

Please list all prerequisites this course requires:

Sophomore standing or higher.

Is this new course being proposed because of a new or revised major or minor proposal?

NA

Gen Ed and Academic Programs**Is this course part of Gen Ed?**

- No

Does your course count in any general education categories that can be double-dipped in the core or in a major/minor?

- Experiential Learning

Does this course count towards a major or a minor?

Yes

Please list the Major / Minor and if it is Required or Elective

Major HHP elective

Is this course part of an academic program?

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- Study Abroad

Have you received approval from the appropriate academic program committee to move forward with this proposal?

Yes

Does this course include any community engagement?

No

Does this course participate in the GoGlobal Program?

Yes

Information for Curriculum Review

Rationale and evidence for new course's consistency with departmental mission:

This proposed course provides several opportunities to meet and exceed our departmental mission. First, our department has discussed expanding upper level electives for the department, so students may have more diverse opportunities and experiences. Unfortunately, most faculty in the department have some type of overload. Thus, providing a May-mester course is an opportunity to add an upper level elective, without the continued burdening the faculty. Additionally, part of our mission statement is to experiential learning, which is what this course is designed for, as students get a real world understand of how sport science and the study of human body have changed over the years. Lastly, the department offered its first study abroad course, since 2017, this year and the applications exceeded the maximum number of students who could go. Therefore to try to meet the demands we are wanting to offer another study abroad opportunity.

List all student learning outcomes for this course.

1. Demonstrate a comprehension of the people who played integral roles in the history of science from anatomy to sport science of today.
2. Global Interconnectedness: students will gain an understanding of how current global medical education has been impacted by growth of human anatomy and physiology from the growth of the Roman Catholic Church and Italian Renaissance to the continued advancements of today.
3. Demonstrate comprehension of how exercise science, physical training, anatomy, physiology and medical sciences have changed from ancient Rome to the contemporary
4. Cultural Understanding: Students will gain an appreciation for differing global environments, culture, and history through various tours and interactions with local figures.
5. Self-Awareness: Students will develop an understanding of their own perspective of science history and ethics due to exposure to various cultural, social, and environmental factors.
6. Experiential Learning: Demonstrate knowledge gained through applied experiences or projects.

List any units or content areas that will be required for all sections of this course.

How anatomical education has changed over the centuries.
How sport science evolved through sport, with and emphasis on cycling and the Giro d 'Italia.

List any assignments, tests, or other assessments that will be required for all sections of this course.

Four reflection essays: Over the course of this study abroad experience, students will complete four reflective essays that explore the evolution of human performance, scientific inquiry, and cultural values from ancient Rome to the present day. These essays are designed to deepen students' understanding of how science and society interact, how cultural and institutional systems shape knowledge, and how personal worldviews influence the interpretation of history and modern practice.

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Each essay draws on site visits, lectures, and hands-on experiences in Italy—including anatomical theaters, sport science labs, museums, and elite sporting events like the Giro d'Italia. Students will be asked to reflect critically and personally, while also considering global perspectives and ethical implications. See below for essay prompts and rubrics.

Content, site visit, and history quizzes: Throughout the study abroad experience in Italy, students will complete eight quizzes designed to assess their understanding of key concepts presented during site visits, classroom instruction, and historical explorations related to human performance, anatomy, and sport science. These quizzes will be administered through LMS, allowing students to access them conveniently from their devices. Each quiz will cover specific content tied to the program's academic goals and will include a mix of question types such as multiple choice, short answer, and scenario-based reflections. To support learning and mastery, students will be given two attempts per quiz. This approach encourages students to review material, reflect on their experiences, and engage more deeply with the content while also promoting self-directed learning and accountability.

List any readings or other materials that will be required for all sections of this course.

N/A

List any course policies that will be required for all sections of this course.

N/A

If you would like to specify how requirements for contact hours must be met for all sections of this course, please indicate below. (e.g., if any experiential learning activities will replace seat time)

Experiential learning activities such as guided museums and historical sites will replace seat time. These will change based on availability.

Is there anything else the reviewing parties should know about this new course proposal that hasn't been addressed?

This course was approved by the Study Abroad Committee (SAC). I can share that email upon request. i have attached the approved SAC program proposal.

Sample Syllabus

- [Revised-N_HHP3502_Keeler_S26-Gladiators-to-Giro-Italy-Study-Abroad-20260223-compressed.pdf](#)

Additional Documents

- [Study-abroad-committee-approval.pdf](#)