

**Health Education Minor**  
**(Minimum of 20 credits required)**

**Required Courses (10 credits):**

Course	Title	Credit
EDU 1202*	Seminar in Education	2
EDU 4275*	Internship in Health Education	2
HED 3100	Contemporary Health Issues	2
HED 1200	Nutrition & Healthy Living	4
<b>Total</b>		<b>10 Hours</b>

\*These courses should be taken at the end of the course sequence.

**A minimum of 10 Credits from the following list:**

Course	Title	Credit
EXS 4400	Health Behavior Change	4
HED 2100	Prevention & Substance Abuse	2
HED 2200	Human Sexuality & Relationships	2
HED 3200	Women's Health Issues ( <i>Prerequisite: HED 1200</i> )	4
HED 3300	Aging & Life Choices ( <i>Prerequisite: HED 1200</i> )	4
PEC 2130	Healthy Living for the Elementary Child	4
PSY 3610	Health Psychology ( <i>prerequisite: PSY 2000</i> )	4
SPN 2141	Spanish for the Medical Professions ( <i>prerequisite: SPN 2130 or SPN 2140 or permission of the instructor</i> )	4
<b>Total</b>		<b>Min 10 Hours</b>