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HIGH POINT UNIVERSITY  
The Premier Life Skills University<sup>®</sup>  
Master of Healthcare Administration

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## Highlights

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# 2026 NCHA Winter Meeting

By Dr. Courtney Haun

Dr. Haun represented our MHA program at the 2026 North Carolina Healthcare Association Winter Meeting. This event was held February 18-20 in Cary, North Carolina, and the theme was titled, "Shaping the Future: Strategy, Innovation, and Advocacy in an Era of Change."

The conference brought together healthcare leaders from across the state to tackle what's next for healthcare. Discussions ranged from big-picture strategy and policy to practical innovation shaping care delivery today. Highlights included plenary sessions on organizational sustainability, a forward-looking panel on artificial intelligence in healthcare, and timely policy updates from NCHA leadership.

Beyond the sessions, the Winter Meeting created space for real conversations and idea-sharing through breakout sessions, mentorship events, and networking receptions. These connections sparked new thinking on workforce innovation, smarter technology use, and sustainable leadership models.

Overall, the experience reinforced that shaping the future of healthcare is about leading it with intention, collaboration, and a willingness to try new approaches.

# Japan Immersion Trip Opportunity

As part of our ongoing exploration of healthcare systems outside of the United States, the MHA program is offering a week-long experience for any interested High Point University MHA and other graduate students.

This June, participants will travel to Tokyo, Japan to examine how Japan's healthcare systems operate, including its financial models, delivery structure, and key advantages and challenges compared to the U.S. healthcare system. The experience will include site visits, guided learning activities, and discussions designed to deepen understanding of global healthcare leadership. In addition, the itinerary includes one day for independent exploration, allowing students to completely immersing themselves in the culture, environment, and daily life of Tokyo.

If interested, please consider the following, along with contacting Kelli Williams at [kwilli11@highpoint.edu](mailto:kwilli11@highpoint.edu) by March 15<sup>th</sup>, 2026.

## Qualifying Criteria

- Must be a current High Point University graduate student during the time of the trip, June 14<sup>th</sup>-19<sup>th</sup>, 2026.
- This is not for credit towards any program, so students are accountable for all expenses.
- Interested attendees must attend all related information sessions prior to the trip.

Congratulations to MHA Student, Tammica Turman, as she was accepted to attend the 2026 ACHE Congress as a Student Ambassador!

## Important Dates

- 2026 ACHE Congress
  - March 2-5, 2025
- Spring Session 2
  - Starts: March 2, 2026
  - Ends: April 10, 2026
- Graduate Commencement
  - April 30, 2026



**swedish HealthCare academy**

### Exploring the Health System in Japan: June 14-19, 2026

This study abroad program offers participants an in-depth understanding of the Japanese healthcare system, with a special focus on Tokyo as a hub for medical innovation and healthcare delivery. Through a combination of academic lectures, site visits, and cultural activities, participants will explore how healthcare in Japan is shaped by its governance-structures, financing models, demographic pressures, and integrated approach to public health and long-term care.

#### PROGRAM

- **Monday**  
Introduction of the Japan Health System
- **Tuesday**  
Governance & Service Delivery
- **Wednesday**  
Cultural & Academic Heritage
- **Thursday**  
Specialized Care & Innovation
- **Friday**  
Current Trends & Wrap-up



#### Learning outcomes: Participants will learn to...

- Understand Japan's healthcare system structure and financing.
- Explore solutions for aging population and workforce challenges.
- Examine innovations in digital health and medical technology.
- Analyze long-term, patient-centered care in a super-aging society.
- Compare Japanese and American healthcare in access, quality, and outcomes.

Since 1989, Swedish HealthCare Academy specializes in organizing training focused on healthcare and elderly care. We partner with universities to design tailored study abroad or immersion programs for students and create customized study tours for healthcare professionals. Participants gain valuable insights by observing healthcare systems in action while also experiencing the cultural richness of international travel. At Swedish HealthCare Academy, we believe in learning through experience

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