



HIGH POINT UNIVERSITY SPOTLIGHT

THE UNDERGRADUATE RESEARCH AND CREATIVE WORKS
SEPTEMBER NEWSLETTER

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HAPPY NOVEMBER!

The weeks are passing quickly as this semester comes to a close. We are so excited to be sharing the November issue of the Undergraduate Research and Creative Works Newsletter. In our last newsletter of the semester, we'll keep you up to date on all the recent URCW news happening on our campus and upcoming in the new year!

In UCRW, our mission is to bring together undergraduate students and faculty members for the purpose of creating unique and collaborative projects. By fostering an imaginative research experience, we hope to promote the development of new competencies, encourage critical thinking skills, and inspire students to add to the global sum of human knowledge. We'd love to connect with you through one of our numerous media outlets.

LET'S KEEP IN TOUCH!



URCW@HIGHPOINT.EDU



@HPU_URCW



@HPU.URCW



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QUICK TIPS: FINDING YOUR MENTOR!

"Don't be afraid to ask your professors questions and develop research interests. Mentors will have interesting perspectives. Talk to them, challenge their ideas, and ask them questions. Don't be intimidated by them!"
- Abby Copeland

"Approach your professor as not just a research advisor but also a mentor who you can get to know outside of your research-- it can make working with the professor a lot more impactful."
- Trevor Gauronski



SUMMER RESEARCH!

It's not too early to start thinking about your summer research plans!

Reach out to your mentors and professors to talk about application opportunities in their labs!

Enjoy your summer at High Point University, working on research in your field and learning new professional and practical skills!

Applications open in January.



HIGH-PURCS

Look for High-PURCS info in our next issue! Any project finished this fall can be a presentation for the High Point University Research and Creativity Symposium!

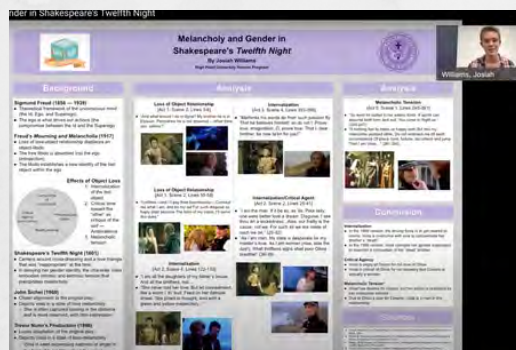


TAKING A LOOK BACK AT SNCURCS

"The online format allowed the the presentation to be more ubiquitous. Being on an online platform allowed me to reach a broader audience rather than being restricted by a time or location. Anyone could see my work and I could share it with my family and friends"

- Josiah Williams '22

Presented his project *Melancholy and Gender in Shakespeare's Twelfth Night*



For many, COVID-19 has sidetracked many parts of research and presentations. However, with the online format of SNCURCS held on November 12th, presenters got to experience the pros and cons of presenting online socially-distanced. You can still see their presentations at sncurcs.org.

Congratulations to our SNCURCS presenters,

Amalya K. Anthony, Paula A. Bender, Vivian McAllister, Ryan Mijumbi, Clara Primus, Alex Zimmerman, Victoria Tumilty, Brianna Viering, and Josiah Williams

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Congratulations to most recent recipients of the URCW Grant!

Hannah Tameling, Abigail Ferland, Alexa Ondrush, Anne Louise Svezia, Carly Zimmerman, Chelsea DeLapp, Gabriela Metaras, Joy Adjei, Mackenzie Warden, McKenna Holz, Reyna Alston, Skylar U'Glax, Carolyn Sveden, Jack Gilseman, Henry Heydinger, Jacob Janik, Kyler Koning, Joseph Maronski, MacLean Mollins, Aidan O'Donovan, James Sandoval, Elijah Sprung, Josef Stokes, Davis Trax, Harold Velasquez, Amanda Pennucci, Eleanor Hutchinson, Brianna Vering, Caroline Sykes, Elizabeth Bado, Emily Janik, Emma Longboat, Justus Ullman, Kenzi Davey, Morgen Story, Ryan Stewart, Savannah Sparks, Shannon Conrad to perform at the HPU Collaborative Acapella trip to Disney Performing Arts with Candice Burrows

Angelina Pierre, Olivia Armendarez, Evan Silver, James Faircloth, Caitlyn Bontempo, Abby Copeland, Rory King, Andrew Lawrence, Sophie Gregory, Bailey McCormick, Anna Ferraro, Anna Wohlwend, Brandy-Fey Stratton, Jessica Emrich, Maggie Mauer, Bri Vierung to present at the Southeastern Regional Meeting of the American Chemical Society with Dr. Blackledge

Samantha Bridge, Melanie Fitts, Karissa Fryar, Mary Gomez, Alexandra Griswold, Lauren Johnson, Katherine Keever, Cierra Mahoney, Connie Quagliata, Elizabeth Schroeder, Wesley Wilson to perform at the American College Dance Association Conference with Lindsey Howie

Lauren Dinkla, Amanda Heafey, Elizabeth Ragan to present at the American Physical Therapy Association Combined Sections Meeting with Alicia Emerson

Zoe Brown to conduct research on Total Chemical Synthesis of Novel Antibacterial Peptides from *Capsicum chinense* with Dr. Wommack

Sarah Lemonds to conduct research on Determination of Skeletal Muscle Metabolism and Insulin Sensitivity Following Supplemental Glutamine Treatment with Dr. Wommack

Lena Corrado, Hailey Grove, Nicolette DeMarco, and Parker Newman to produce the media project "Ground Level" with Professor Goodman

STUDENT ACHIEVEMENT PROFILE

SITTING DOWN WITH VIVIAN MCALLISTER '22



Four years ago, Vivian McAllister picked High Point University for a reason: the research opportunities. And while Vivian says in her own words she's still just "figuring it out as I go," she has taken advantage of the numerous opportunities for research that she's had at HPU, including Research Rookies and several projects with her professors and mentors over the years.

A senior originally from High Point, Vivian is psychology major and a Spanish minor. Vivian came to HPU in the fall of her freshman year, "really interested in research." She had chosen the school because she had heard about the Research Rookies program, and by October, she was already working with Dr. Schwartz in the school of pharmacy. "I'm so grateful that Research Rookies was there to give me the tools I needed so I could hit the ground running," Vivian explains. After 2 semesters of Research Rookies, earning the title of Research Apprentice and a medallion to wear for graduation, she was able to leave the program with an understanding of "the culture of research and how to do it ethically."

When asked why she enjoys it so much and how she knew research was her passion, Vivian said she likes "the synthesis of research; you have a problem and then you start looking at the possible causes and you are able to explain human behavior." The work is particularly rewarding for Vivian as well: "To have a paper that's ten to fifteen pages-- look at where I came from: an abstract idea, and now I have an actual idea that's concrete.

Reflecting on her work with her mentors and professors, Vivian said she's graduating with "lasting relationships with all my mentors." After working with Dr. Danzis, Dr. Bennett, and Dr. Schwartz across several disciplines, Vivian has discovered that these professors have "continued to be mentors to me after working with them. They've written my letters of recommendation, It's been a lasting impact and we'll stay in contact after graduation," The significance of mentorship, Vivian says, is how "you grow with them and they watch you take that journey through college and it feels like home-- they grow with you and you grow with them."

Now, nearing the end of her time at HPU, Vivian is currently in the process of applying for grad school, although she hasn't yet decided between a PhD in clinical psychology or industrial organizational psychology. No matter what, "research is universal," she says, and she'll be able to take the skills she's learned here with her anywhere.

Know a student who has gone above and beyond in their research or creative works? Email urcw@highpoint.edu with suggestions for our next Student Achievement Profile!